





# our approach

The process of working on a major consultation such as regeneration often enables informal 'experiential (on the job) learning' to take place. This means that residents who are closely involved in the process develop their personal skills by virtue of the fact that they are meeting with others; discussing complex technical issues; dealing with difficult behaviours; reaching decisions and finding a consensus.

Our Independent Advisers act as group and personal mentors. Our view is that we need to leave a community confident and empowered so that they can have active and constructive discussions with their landlord and help to influence and make the decisions that best suit the needs of their community.

"When our work is finished we leave the community and individuals with the skills to empower and inspire others."

We deliver training in a range of ways including e learning, pre meeting workshops, 1-1 or group coaching to ensure that as the different phases of the process emerge residents, whether individually or as a group, have the capacity to effectively influence.

Our consistency in delivery is assured by our Training Team, Tpas are a recognised centre for delivering both CIH (Chartered Institute of Housing) and Open Awards accredited training. All materials are checked and produced by the team to build in quality control. This approach ensures that training delivered by Tpas staff and associates across the country meets stringent Tpas standards and standards set by our awarding bodies.

Tpas have a wide range of potential training modules related to regeneration available in manageable bite size sessions. To meet local requirements we use these units as a basis to design tailored training that will deliver the learning outcomes identified to build the capacity of the residents in the area.

# outcomes

A whole range of outcomes for both individuals and the community can be achieved as a result of the agreed training and capacity building programme. These outcomes can be tracked and demonstrated via robust evaluation processes. Examples of knock on outcomes achievable through this programme include:

### Individual capacity building

- improved wellbeing research has shown that volunteering has a measurable effect on wellbeing and that increased wellbeing leads to better resilience in dealing with day to day issues and improved mental health;
- increased confidence in interactions and meetings and with both volunteers and staff at all levels; in trying out something new; in their ability to learn and develop;
- improving aspiration in terms of recognising the range and type of employment, volunteering and educational opportunities available to them as individuals and to their families and friends:
- take up of volunteering and work opportunities that then allow access to better employment / higher pay, higher educational attainment and leading to improved qualifications and CVs;
- take up of services within and outside of the local community to help their own situation and to signpost others to these services;
- sense of empowerment in having influence over the key decisions that affect the lives of them as individuals and their own communities.

## Community capacity building

- building trust leading to better working relationship between residents, staff and partners on the programme;
- improved capacity of local groups enabling them to run independently without the need for direct day to day support from the council or other agencies;
- Access to funding- increased ability of groups to seek out and secure funding for local projects and services, improving provision for local people and increasing budget for the area.

"A whole range of outcomes for both individuals and the community can be achieved as a result of the agreed training and capacity building programme".

# To learn more about what Tpas can offer to support the success of your regeneration project:

Call: 0161 868 3500

Email: info@tpas.org.uk

Visit: www.tpas.org.uk/expertise

